



19th June 2026

Our ref: CIMS 201320727

Dear Parent/Guardian,

Re: Hepatitis A with links to Slough Centre Nursery, SL1 3EA

We are writing to inform you that there have been two separate cases of hepatitis A in individuals who have had some contact with the nursery/school. At this time, there is no evidence of any cases within the nursery/school itself, and **your child has not been identified as a close contact**.

The UKHSA Health Protection team have assessed the risk of hepatitis A as being **very low**, so no children, staff or visitors are being offered vaccination.

We are sharing this information with parents and staff to help everyone stay safe, knows what to look out for and to remind you that **good handwashing**, especially after helping a child with toileting, helps stop the spread.

What Is Hepatitis A?

Hepatitis A is an illness that can affect the liver. It spreads when tiny amounts of the virus from an infected person get into someone else's mouth — this can happen through food, water, or close contact.

What Symptoms Look Like

Some people, especially children, often do not feel very ill, or may not feel unwell at all. Please contact your GP (or NHS 111 when the GP is closed) if your child or anyone in your home develops these symptoms, particularly in the next 7 weeks:

- Yellow eyes (jaundice)
- Fever
- Feeling very tired
- Loss of appetite
- Feeling sick or vomiting
- Tummy pain
- Dark urine (dark-coloured wee)

Travelling abroad?

You can speak to your health professional about getting the hepatitis A vaccine if you plan on travelling abroad. Getting the vaccine is free and confidential. If you go to a travel clinic to get the vaccine, you may need to pay for it. If you do not have a health professional at the moment, call the NHS on 111 to ask them how to get your hepatitis A vaccine from a GP. You will need to get 2 doses of the vaccine for the best lifelong protection. You should get the first dose of the vaccine ideally 2 weeks but up to 1 day before you travel, and the second dose 6 to 12 months after the first dose.

Want to Know More?

For information, read the About hepatitis A fact sheet included with this letter. You can also visit the NHS website [nhs.uk/conditions/hepatitis-a/](https://www.nhs.uk/conditions/hepatitis-a/) or scan the QR code.

Yours sincerely,

Dr Simon Ferris
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About hepatitis A

Hepatitis A is an infectious disease that affects the liver. There is no treatment for it, but most people get better within 6 months. In rare cases, some people may get serious liver disease. Vaccination and good hygiene are the best way to avoid getting infected.

Causes and spread

Hepatitis A is caused by a virus. The virus lives in the poo of an infected person. It can survive on surfaces for several hours and can stay on hands and on food for longer. It spreads easily between people.

Symptoms

Symptoms of hepatitis A include:

- a high temperature
- flu-like symptoms
- sickness
- jaundice (yellowing of the skin and the whites of the eyes)
- grey poo or dark brown pee

Some children show no symptoms but can still infect others.

Please contact your GP (or NHS 111 when the GP is closed) if your child or anyone in your home develops these symptoms. You can develop symptoms up to 7 weeks after being infected but usually within 4 weeks.

How you get infected

You can get hepatitis A from:

- drinking unclean water
- eating contaminated food
- close physical contact with an infected person, including having sex or sharing needles for drug use

Prevent the spread

Wash your hands with soap and water:

- after going to the toilet
- before eating or preparing meals
- after dealing with dirty nappies or sick people and their clothing

You are most likely to pass on the virus for 7 days after your symptoms start.

Vaccination

You can get the hepatitis A vaccine if you:

- have been identified as close contact of an infected person within the past 2 weeks
- are travelling to a country where hepatitis A is more common
- have long-term liver disease or haemophilia
- are a man who has sex with men
- work in a job that puts you at high risk of infection, such as a sewage worker

Learn more about hepatitis A

Visit the NHS website for more information about hepatitis A and its symptoms at [nhs.uk/conditions/hepatitis-a/](https://www.nhs.uk/conditions/hepatitis-a/) or scan the QR code.

